

# PSC Women's Basketball Visitors Guide



## Welcome to Catamount Country

### Potomac State College Women's Basketball

101 Fort Ave  
Keyser, WV 26726

304-788-6876

Athletics Office 304-788-6877  
Fax 304-788-6871

### Catamount Guests

Welcome to Potomac State College of WVU. This site provides you directions to campus, phone numbers of staff, lodging/restaurant guide, and specific information for teams, fans and recruits. We look forward to hosting you and we hope your visit is enjoyable. If you have any questions, feel free to call us.

Head Coach,

*Jim Walton*

## Location and Directions:

We are located in Keyser, WV, in the heart of the state's gorgeous eastern panhandle.

### **From the East: (Baltimore, MD/DC area 3 hours)**

Take I-70 West (270 West) toward Frederick, MD to I-68 West to Cumberland, MD. At Cumberland, take Exit 42 (Green Street) to Route 220 South. Route 220 South will bring you to Keyser (approximately 20 miles from Cumberland, MD). Once you are in Keyser, cross over the bridge to the stoplight. On your left you will see CVS Pharmacy. Take the second right past the light, onto **Fort Avenue**, go up the hill, and the main campus entrance will be on your left. Take the next left after the main entrance and follow the signs to gym.

### **From the West: (Morgantown, WV area 1.5 hours)**

Take I-68 East to Cumberland, Md. At Cumberland, take Exit 42 (Green Street) to Route 220 South. Route 220 South will bring you to Keyser (approximately 20 miles from Cumberland, MD). Once you are in Keyser, cross over the bridge to the stoplight. On your left you will see CVS Pharmacy. Take the second right past the light, **Fort Avenue**, go up the hill, and the main campus entrance will be on your left. Take the next left after the main entrance and follow the signs to gym.

### **From the North: (Bedford, PA or PA Turnpike 1 hour)**

From Bedford, take Route 220 South. Route 220 South will bring you to Keyser (approximately 20 miles from Cumberland, MD). Once you are in Keyser, cross over the bridge to the stoplight. On your left you will see CVS Pharmacy. Take the second right past the light, **Fort Avenue**, go up the hill, and the main campus entrance will be on your left. Take the next left after the main entrance and follow the signs to gym.

### **From the South: (Winchester, VA, Interstates 81 & 66 1.5 hours)**

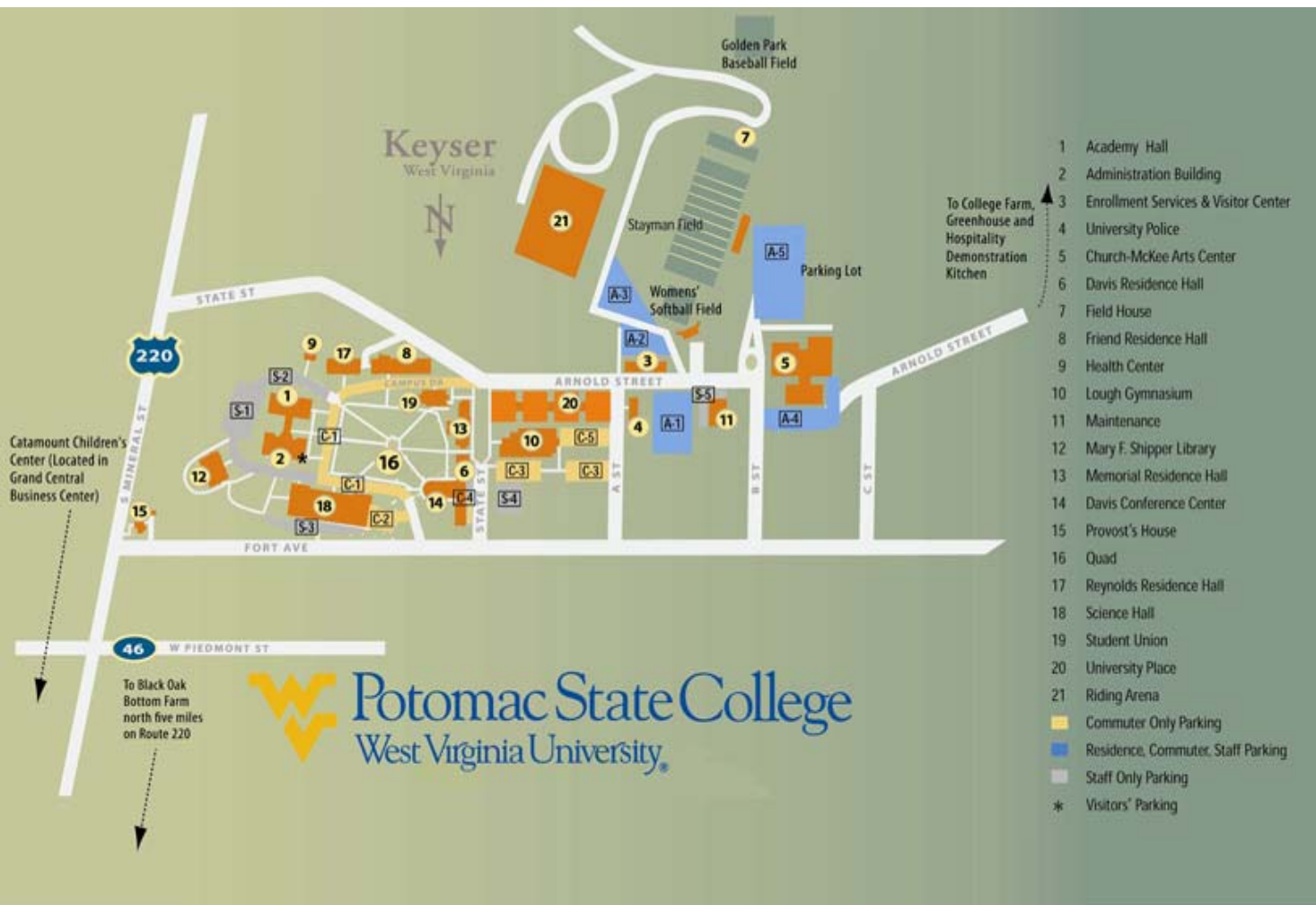
From Winchester, VA, take Route 50 West to Route 220 North. Travel Route 220 North to Keyser. Once you are in Keyser, continue on Route 220 and pass through four traffic signals. Take a left onto Fort Ave, go up the hill, and the main campus entrance will be on your left (Campus Drive). Take the next left after the main entrance and follow the signs to gym.

## Game Day Parking

Take the second left at the top of the hill and follow the street it will dead end at the gym. Visitor parking is to the right of the gym, team vans & busses may park directly in front of the Lough Gym.

## Recruits – Campus Visits & Potomac State Orientation Days

If you are planning to attend a Potomac State Orientation Event at the Church-McKee Arts Center. Take the third right past the first stop light in town onto State Street. Church-McKee is at the top of the hill just past the four way stop sign on the right.



## Admission

Admission to ALL PSC home regulars season games are **FREE!**

## Athletic Training

Athletic Training staff is available to assist your team with all of its sports medicine needs. A certified athletic trainer will be present before, during, and after each contest. We provide water, cups and ice on the sidelines. Please notify our Athletic Training staff prior to the day of contest if you have any special requests or questions about our Athletic Training staff and facility. We just ask that you provide your own taping materials (tape, pre-wrap, etc). Contact Amanda Cox, Head Athletic Trainer 304-788-6880 or Email her at [Amanda.Cox@mail.wvu.edu](mailto:Amanda.Cox@mail.wvu.edu)

## Game Day

Games are played in the Lough Gymnasium. The visiting team bench is located on the North side, furthest away from the entrance. Locker rooms are located basement of the gym; a staff member will greet you at the door and take you to your locker room. Team buses or vans can be parked directly in front of the gym. Visiting teams wear dark uniforms.

## Locker Rooms

Locker rooms for athletes and referees are located in the downstairs of the Lough Gym. Each locker room is equipped with showers, restrooms and lockers. Visiting teams need to bring their own towels and locks. The locker room will be secure during contests. Game management will meet you at the door.

## Important Phone Numbers

|                    |                                |
|--------------------|--------------------------------|
| Athletics          | 304-788-6877                   |
| Athletic Trainer   | 304-788-6880                   |
| Campus Police      | 304-788-6931 (Emergencies 911) |
| Dinning Services   | 304-788-6917                   |
| Women's Basketball | 304-788-6876                   |

## Local Restaurants

|                                 |              |   |                        |
|---------------------------------|--------------|---|------------------------|
| Orioles Club                    | 304-788-1338 | Club 40 Keyser Square<br>Keyser, WV 26726 | 8 am – 11 pm           |
| Soda Pops                       | 304-788-0566 | 36 N. Main St Keyser                      | 11 am – 8 pm           |
| Clancy's Irish Pub              | 304-788-1133 | 176 Armstrong St.                         | 11 am – 11 pm          |
| Candlewyck                      | 304-788-6594 | 65. N. Mineral St.                        | 11 am – 9 pm           |
| Fox's Pizza Den                 | 304-788-1149 | 23 E. Piedmont St                         | 11 am – 10 pm          |
| Denny's*                        | 304-788-3090 | Rt. 220 South Keyser                      | Open 24 hours          |
| Castiglia                       | 304-788-1300 | 401 S. Mineral St.                        | 11 am – 10 pm          |
| Burger King*                    | 304-788-6702 | Rt. 220 South Keyser                      | 7 am – 11 pm           |
| Chat & Chew*                    | 301-786-4382 | Rt. 220 McCole, MD                        | 7 am – 9 pm            |
| Domino's Pizza                  | 304-788-6400 | S. Mineral St.                            | 11 am – Midnight       |
| El Jinete Mexican<br>Restaurant | 304-788-3553 | South Keyser                              | 11 am – 10 pm          |
| King City Chinese*              | 304-788-0616 | 8 Piedmont St.                            | 11 am – 10 pm          |
| Pizza Hut*                      | 304-788-2936 | South Keyser                              | 11 am – 11 pm          |
| Stray Cat Café                  | 304-788-0505 | Rt. 220 Keyser                            | 11am – 11 pm           |
| McDonald's                      |              | S. Mineral St                             | Open 24 hours          |
| KFC/Long John<br>Silver*        | 304-788-0004 | Rt. 220 Keyser                            | 11:00 am – 10:00<br>pm |
| Mountaineer All-Star<br>Café    | 304-788-6433 | South Keyser                              | 11:00 am – 10:00<br>pm |

**Bus Friendly \* & Accommodates Teams  
(Mineral Street, Rt. 220 & South Keyser are all on same road)**

## **Lodging**

### **Keyser**

Keyser Inn 304-788-0913

Candlewyck Inn 304-788-6594

### **Cumberland, MD, LaVale, MD, & Frostburg, MD**

**(30 min. North @ Rt. 220 & all on Interstate 68)**

Holiday Inn 301-724-8800

Hampton Inn 301-689-1998

Best Western 301-729-3300

Super 8 800-800-8000

Red Roof 301-729-6700

Comfort Inn 301-689-2050

Days Inn 301-689-2050

We encourage you to make your reservations early. Arrangements should be made directly with community organizations listed above.