Welcome to Catamount Country

Potomac State College Women’s Basketball
101 Fort Ave
Keyser, WV 26726
304-788-6876
Athletics Office 304-788-6877
Fax 304-788-6871

Catamount Guests

Welcome to Potomac State College of WVU. This site provides you directions to campus, phone numbers of staff, lodging/restaurant guide, and specific information for teams, fans and recruits. We look forward to hosting you and we hope your visit is enjoyable. If you have any questions, feel free to call us.

Head Coach,

Jim Walton
Location and Directions:

We are located in Keyser, WV, in the heart of the state's gorgeous eastern panhandle.

From the East: (Baltimore, MD/DC area 3 hours)
Take I-70 West (270 West) toward Frederick, MD to I-68 West to Cumberland, MD. At Cumberland, take Exit 42 (Green Street) to Route 220 South. Route 22 South will bring you to Keyser (approximately 20 miles from Cumberland, MD). Once you are in Keyser, cross over the bridge to the stoplight. On your left you will see CVS Pharmacy. Take the second right past the light, onto Fort Avenue, go up the hill, and the main campus entrance will be on your left. Take the next left after the main entrance and follow the signs to gym.

From the West: (Morgantown, WV area 1.5 hours)
Take I-68 East to Cumberland, Md. At Cumberland, take Exit 42 (Green Street) to Route 220 South. Route 220 South will bring you to Keyser (approximately 20 miles from Cumberland, MD). Once you are in Keyser, cross over the bridge to the stoplight. On your left you will see CVS Pharmacy. Take the second right past the light, Fort Avenue, go up the hill, and the main campus entrance will be on your left. Take the next left after the main entrance and follow the signs to gym.

From the North: (Bedford, PA or PA Turnpike 1 hour)
From Bedford, take Route 220 South. Route 220 South will bring you to Keyser (approximately 20 miles from Cumberland, MD). Once you are in Keyser, cross over the bridge to the stoplight. On your left you will see CVS Pharmacy. Take the second right past the light, Fort Avenue, go up the hill, and the main campus entrance will be on your left. Take the next left after the main entrance and follow the signs to gym.

From the South: (Winchester, VA, Interstates 81 & 66 1.5 hours)
From Winchester, VA, take Route 50 West to Route 220 North. Travel Route 220 North to Keyser. Once you are in Keyser, continue on Route 220 and pass through four traffic signals. Take a left onto Fort Ave, go up the hill, and the main campus entrance will be on your left (Campus Drive). Take the next left after the main entrance and follow the signs to gym.

Game Day Parking
Take the second left at the top of the hill and follow the street it will dead end at the gym. Visitor parking is to the right of the gym, team vans & busses may park directly in front of the Lough Gym.

Recruits – Campus Visits & Student Advising & Registrations Days
If you are planning to attend a Student Advising & Registration at the Church-McKee Arts Center. Take the third right past the first stop light in town onto State Street. Church-McKee is at the top of the hill just past the four way stop sign on the right.
Admission

Admission to ALL PSC home regular season games are **FREE!**

Athletic Training

Athletic Training staff is available to assist your team with all of its sports medicine needs. A certified athletic trainer will be present before, during, and after each contest. We provide water, cups and ice on the sidelines. Please notify our Athletic Training staff prior to the day of contest if you have any special requests or questions about our Athletic Training staff and facility. We just ask that you provide your own taping materials (tape, pre-wrap, etc). Contact Amanda Cox, Head Athletic Trainer 304-788-6880 or Email her at Amanda.Cox@mail.wvu.edu

Game Day

Games are played in the Lough Gymnasium. The visiting team bench is located on the east side towards the south end of the gym. Locker rooms are located below the gym in RC 219. Team buses or vans park in the receiving entrance of the campus next to the Robertson Center. Visiting teams wear dark uniforms.
Lockers Rooms

Locker rooms for athletes and referees are located in the downstairs of the Lough Gym. Each locker room is equipped with showers, restrooms and lockers. Visiting teams need to bring their own towels and locks. The locker room will be secure during contests.

Important Phone Numbers

Athletics 304-788-6877
Athletic Trainer 304-788-6880
Campus Police 304-788-6931 (Emergencies 911)
Dinning Services 304-788-6917
Women’s Basketball 304-788-6876

Local Restaurants

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Phone</th>
<th>Address</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orioles Club</td>
<td>304-788-1338</td>
<td>Club 40 Keyser Square Keyser,</td>
<td>8 am - 11 pm</td>
</tr>
<tr>
<td>Soda Pops</td>
<td>304-788-0566</td>
<td>36 N. Main St Keyser</td>
<td>11 am - 8 pm</td>
</tr>
<tr>
<td>Clancy’s Irish Pub</td>
<td>304-788-1133</td>
<td>176 Armstrong St.</td>
<td>11 am - 11 pm</td>
</tr>
<tr>
<td>Candlewyck</td>
<td>304-788-6594</td>
<td>65 N. Mineral St.</td>
<td>11 am - 9 pm</td>
</tr>
<tr>
<td>Fox’s Pizza Den</td>
<td>304-788-1149</td>
<td>23 E. Piedmont St.</td>
<td>11 am - 10 pm</td>
</tr>
<tr>
<td>Donny’s</td>
<td>304-788-3090</td>
<td>Rt. 220 South Keyser</td>
<td>Open 24 hours</td>
</tr>
<tr>
<td>Castiglia’s</td>
<td>304-788-1300</td>
<td>401 S. Mineral St.</td>
<td>11 am - 10 pm</td>
</tr>
<tr>
<td>Burger King</td>
<td>304-788-6702</td>
<td>Rt. 220 South Keyser</td>
<td>7 am - 11 pm</td>
</tr>
<tr>
<td>Chat &amp; Chew</td>
<td>301-786-4382</td>
<td>Rt. 220 McCoy, MD</td>
<td>7 am - 9 pm</td>
</tr>
<tr>
<td>Domino’s Pizza</td>
<td>304-788-6400</td>
<td>S. Mineral St.</td>
<td>11 am - Midnight</td>
</tr>
<tr>
<td>El Jiente Mexican Restaurant</td>
<td>304-788-3553</td>
<td>South Keyser</td>
<td>11 am - 10 pm</td>
</tr>
<tr>
<td>King City Chinese</td>
<td>304-788-0616</td>
<td>8 Piedmont St.</td>
<td>11 am - 10 pm</td>
</tr>
<tr>
<td>Pizza Hut</td>
<td>304-788-2936</td>
<td>South Keyser</td>
<td>11 am - 11 pm</td>
</tr>
<tr>
<td>Stray Cat Café</td>
<td>304-788-0505</td>
<td>Rt. 220 Keyser</td>
<td>11 am - 11 pm</td>
</tr>
<tr>
<td>McDonald’s</td>
<td></td>
<td>S. Mineral St.</td>
<td>Open 24 hours</td>
</tr>
<tr>
<td>KFC/Long John Silver</td>
<td>304-788-0004</td>
<td>Rt. 220 Keyser</td>
<td>11:00 am - 10:00 pm</td>
</tr>
<tr>
<td>Mountaineer All-Star Café</td>
<td>304-788-6433</td>
<td>South Keyser</td>
<td>11:00 am - 10:00 pm</td>
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</tbody>
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Bus Friendly & Accommodates Teams (Mineral Street, Rt. 220 & South Keyser are all on same road)
Lodging

Keyser

Keyser Inn 304-788-0913
Candlewyck Inn 304-788-6594

Cumberland, MD (30 min. North @ Rt. 220 & I 68)

Holiday Inn 301-724-8800
Hampton Inn 301-689-1998
Best Western 301-729-3300
Super 8
Red Roof 301-729-6700
Comfort Inn 301-689-2050
Days Inn 301-689-2050

*We encourage you to make your reservations early. Arrangements should be made directly with any of the facilities.